

Medical Respite at Jefferson Terrace

Admission Criteria

Basic Criteria for Referral: (Client must meet all)

- Referred from a health care facility in King County
- Homeless* (see 2nd side for definition)
- **Acute medical problem requiring short-term respite care**
- Agreeable to admission and receiving care from Respite staff
- Medically and behaviorally stable (not a risk to self or others, appropriate for group setting)
- Independent at baseline with mobility, transfers, feeding, not known to be fall-risk at this time

Acceptable Conditions:

- Wheelchair or walker use
- Urinary incontinence with care management plan in place
- Alcohol/Drug: From hospital – CIWA < 10 and no benzodiazepines for at least 16 hours
From outpatient – No DT/seizure expectation
- MAT – methadone/suboxone administered at community site
- Chemotherapy – administered at community site
- IV infusion
 - QD or BID orders or continuous infusions using outpatient home infusion
 - Respite can accommodate the following lines: PICC, midline, tunneled
 - Pt must have an inpt ID consult and outpt ID follow-up
 - ID documentation of end date once source control is determined
- Insulin dependent diabetic
 - Pt must be documented independent with DM management
- Wound care – up to BID dressing change
- Wound VAC, if small and attached (wound vac and wound vac supplies must be provided by the referring hospital)
- Bowel preps and pre-surgical procedures

Not Eligible:

- Fecal incontinence
- Registered sex offenders (Respite will screen)
- Contagious air-borne respiratory illness, including pts who are within 10 days of acute COVID infection

Special Note:

Respite beds are in significant demand. Priority will be given to those patients with the greatest direct nursing care needs. Patients being referred for oral antibiotic treatment, weight bearing limitations or anticoagulation treatment are of lower priority, due to limited required nursing care needs. Lower acuity patients may still be accepted if respite invokes **Low Census Protocol**

The admissions team can assist with recommending alternative placement options, if respite is unable to accept a lower acuity patient referral.

Homelessness

Definition and Required Documentation

All patients referred to Medical Respite must be living homeless.

Patients referred to Respite must have:

- no stable living environment in which to recuperate, and
- no other community placement options available or appropriate for the person

Information about an individual's living specific living arrangements is central to the process of classifying someone as living homeless.

What Qualifies as Living Homeless

- Outside / on the street
- Shelters
- Encampments
- Tents
- Vehicles
- Structure with no water/electricity
- Couch surfing/doubled up
- Unsure – call respite admissions