

		AGREEMENT AMENDMENT	HCA Contract No.: K5688 Amendment No.: 3
THIS AMENDMENT TO THE CONTRACT is between the Washington State Health Care Authority and the party whose name appears below, and is effective as of the date set forth below.			
CONTRACTOR NAME University of Washington		CONTRACTOR doing business as (DBA) Harborview Medical Center	
CONTRACTOR ADDRESS 325 Ninth Avenue, Mail Stop 359947 Seattle, WA 98107-2409		CONTRACTOR CONTRACT MANAGER Name: Estella Williamson Email: westella@uw.edu	
AMENDMENT START DATE September 30, 2023		CONTRACT END DATE September 30, 2024	
Prior Maximum Contract Amount \$552,230	Amount of Increase \$263,455	Total Maximum Compensation \$815,685	

WHEREAS, HCA and Contractor previously entered into an Agreement for the Contractor to support the statewide goal of implementing evidence-based practices in the community mental health system, and;

WHEREAS, HCA and Contractor wish to amend the Agreement pursuant to Section 6, *Agreement Changes, Modifications and Amendments* to extend the term, add funding, and incorporate updated Statement of Work, and;

NOW THEREFORE, the parties agree the Agreement is amended as follows:

- Section 3, *Period of Performance*, is amended to extend the period of performance of the agreement to September 30, 2024.
- Section 4, *Payment*, is amended to reflect an increase to the Total Maximum Compensation of \$263,455 from \$552,230 to \$815,685 and is amended as follows:

Compensation for the work provided in accordance with this Agreement has been established under the terms of RCW 39.34.130. The parties have determined that the cost of accomplishing the work herein will not exceed **\$815,685**. Payment for satisfactory performance of the work will not exceed this amount unless the parties mutually agree to a higher amount. Compensation for services will be based on the following rates or in accordance with the terms as set forth in accordance with Schedule A-1, *Statement of Work - TFCBT / CBT+ Training & Consultation Services*, Section 3, Deliverables Table.

- Schedule A-1, *Statement of Work – TFCBT/CBT+ Training & Consultation Services*, September 30, 2023- September 30, 2024, is incorporated and attached hereto.
- This Amendment will be effective September 30, 2023 (“Effective Date”).
- All capitalized terms not otherwise defined herein have the meaning ascribed to them in the Contract.
- All other terms and conditions of the Agreement remain unchanged and in full force and effect.

The parties signing below warrant that they have read and understand this Amendment and have authority to execute the Amendment. This Amendment will be binding on HCA only upon signature by both parties.

CONTRACTOR SIGNATURE DocuSigned by: <i>Sommer Kleweno-Walley</i>	PRINTED NAME AND TITLE Sommer Kleweno-Walley, Chief Executive Officer	DATE SIGNED 11/7/2023
HCA SIGNATURE DocuSigned by: <i>Andria Howerton</i>	PRINTED NAME AND TITLE Andria Howerton Deputy Contracts Administrator	DATE SIGNED 11/8/2023

Schedule A-1

Statement of Work - TFCBT / CBT+ Training & Consultation Services September 30, 2023- September 30, 2024

The Contractor shall provide the services and staff, and otherwise do all things necessary for or incidental to the performance of this work, as set forth below.

Cognitive Behavioral Therapy-Plus (CBT+) will continue to require participants to pay a modest amount \$400 to contribute to support for the Learning Collaborative which includes training and 6-months of twice monthly group case consultation for the first 3.5 months and then monthly for the remaining 2.5 months (10 calls in total). The purpose of the fee is to build a sustainable and expanded model that involves contribution from multiple sources, including provider organizations and the state.

1 COORDINATION AND FACILITATION

The Contractor shall coordinate and facilitate ongoing training and technical assistance in CBT+, including use of the Evidence Based Practices (EBP) Toolkit, three-hour UMU Asynchronous Training Format and provide ongoing training and technical assistance to Community Mental Health Agencies (CMHA) including:

- 1.1 Five virtual CBT+ regional Learning Collaboratives will be offered for up to a total of 250 participants.
- 1.2 The Washington CBT+ Trainer/Regional Consultants will assume primary responsibility in their communities for encouraging interest, publicizing the trainings, arranging online training platforms, and soliciting additional support. They will work closely with managed care plans including Managed Care Organizations (MCOs) and Behavioral Health Administration Service Organizations (BH-ASO) in terms of identifying need, helping publicize and potentially providing some support. Trainings will be identified as co- sponsored by HCA/DBHR, CBT+ Contractor, and the local mental health provider organization that helps with the organization and delivery. If other entities contribute to the training, those will also be identified.
 - 1.2.1 The CBT+ Learning Collaboratives will adhere to the written requirements including; completion of the 3-hour Asynchronous training prior to the in-person training, attendance at the 4-day online training, participation in the required number of consultation calls, delivery of the EBPs to the requisite number of cases with fidelity, and completion of a baseline and follow-up evaluation survey.
 - 1.2.2 Contractor will provide quality assurance and maintain the infrastructure support including registration, obtaining Continuing Education Units (CEUs), documenting and tracking payment for the Learning Collaborative, creating and revising training curricula, creating training resources for participants, compiling training and consultation evaluations, tracking attendance and completion, issuing and maintaining the certificates, placing participants on the listserv, placing resources on the CBT+ Notebook, sending reminder notices for consultation calls, overseeing invoicing from trainer/consultants.
- 1.3 Clinical/fidelity-based follow-up group Zoom-based consultation for core learning session trainees consisting of:
 - 1.3.1 A one-hour, group web-based (Zoom) consultation sessions, for a total of 10 sessions.

1.3.2 Use the EBP Toolkit to document fidelity for the training cases.

1.4 Advanced Clinical Training

Contractor shall conduct a one-day advanced training for attendees of past learning collaboratives by August 31, 2024, and is responsible for the following:

1.4.1 Submission of a narrative as part of the following quarter's report to HCA/DBHR including:

1.4.1.1 Date, time, place, topic, and presenter;

1.4.1.2 List of provider affiliation of attendees i.e., position, CMHC, managed care plan, and county; and

1.4.1.3 Narrative summary of attendee feedback and recommendations for future advanced topics.

1.5 Clinical Senior Leader/Supervisor Training/Consultation

Contractor shall coordinate monthly supervisor meetings for any CBT+ supervisor who has completed the CBT+ learning Collaborative requirements. Based on need, HATC may provide a half-day supervisor training via Zoom. This is at the discretion of HATC and the CBT+ Core team; given additional support for supervisors whose clinicians are attending CBT+ training. The focus of the clinical senior leader/supervisor consultation/training will be on practical strategies for sustainment of the 4 EBPs comprised within CBT+. Contractor will:

1.5.1 Work with Clinical Senior Leaders/Supervisors to identify operational, system and clinical topics relevant to sustainment of EBPs past the Learning Collaborative.

1.5.2 Permit agency or Regional Authority administration to attend as indicated.

1.5.3 Conduct routine satisfaction surveys and include summary of attendee feedback and recommendations in the following quarterly report.

1.5.4 Offer monthly consultation sessions for CBT+ supervisors who have attended and completed a CBT+ learning collaborative and are implementing agency fidelity supports.

1.5.5 Offer 4-6 one-hour BIPOC supervisor consultation sessions for BIPOC CMHA supervisors who have completed a CBT+ learning collaborative.

1.5.6 Offer supervisor calls specific to new CBT+ supervisors/ongoing CBT+ who have participants attending a CBT+ learning collaborative. These calls offered/correspond to the CBT+ trainings.

1.6 Conduct Washington Trainer Candidate training for new potential Washington Training occurs through mentorship during training and providing co-facilitation options for new candidates to learn how to successfully provide CBT+ consultation. Trainer/consultants must have successfully completed a CBT+ training and been recommended by a trainer/consultant or a direct supervisor who is skilled in CBT+. The trainer/consultant does not have to be a

supervisor if they have been approved by the CBT+ core team and their organization. The goal is to enhance options for trainer consultants who are reflective of the communities they serve.

1.7 Provider/Clinician Support

The Contractor shall continue to facilitate clinician and agency fidelity practice and growth through maintenance of:

1.7.1 Provider list-serve.

1.7.2 CBT+ Notebook on the Contractor website containing public domain resources for delivery of the 4 CBT+ EBPs.

1.8 Training and Consultation Satisfactory Surveys

The Contractor shall conduct surveys of activities consisting of:

1.8.1 Training satisfaction evaluation following each workshop and training activity communicating satisfaction, learning achieved and subjective feedback of recommendations. Feedback will be used to assist with future training design/content.

1.8.2 Consultation call feedback for each call group per training. Information will not be participant specific, and results will be used to make recommendations for future consultants' support/coaching and consultation structure and requirements in future years.

1.8.3 Provide recommendations for future CBT+ training and consultation.

1.9 Recruit and maintain quality assurance for the WA CBT+ approved trainers/consultants for the yearly CBT+ trainings:

1.9.1 Identify and train new WA CBT+ Trainer/Consultants to ensure sufficient trainers and consultants to meet need.

1.9.2 Review and update the Training Guide and PowerPoint that all WA Trainer/Consultants must use based on feedback and input from UW Trainer Consultants and WA Trainer/Consultants.

1.9.3 Participate in the five trainings to ensure that the WA CBT+ Trainer/Consultants are teaching consistent with the Trainer Guide and CBT+ Training PowerPoint and to insure sufficient trainers for application of adult learning principles.

1.9.4 Provide Quality Assurance for adherence to the training and consultation expectations. Monitor to determine whether the WA CBT+ Trainer/Consultants covered the key learning points for each slide.

1.9.5 Provide constructive feedback to WA CBT+ Trainer/Consultants on teaching style, coverage of required content, and engagement with the audience.

1.10 Provide overall leadership and QA for CBT+

- 1.10.1 Continue reviewing and sharing new and relevant research with the Trainer/Consultants and on the listservs, create and post new handouts/cheat sheets or other resources on the CBT+ Notebook.
 - 1.10.2 Review and revise in-person learning content and activities including modeling, role plays, and table activities as needed.
 - 1.10.3 Following each regional CBT+ training, review post training surveys to identify areas needing improvement.
 - 1.10.4 Review and update WA CBT+ Consultant Guide annually and as needed.
 - 1.10.5 Provide supportive information for the WA CBT+ Trainer/Consultants to maintain adherence to the CBT+ consultation model.
- 1.11 Coordinate and facilitate Ongoing Training and Technical Assistance in Common Elements Treatment Approach (CETA).

The Contractor shall provide ongoing training and technical assistance to CMHAs including:

- 1.11.1 Two (2) CETA 3-day web-based Learning Collaboratives for up to 35 providers each will be offered. CETA will require participants to pay a modest amount \$300 to contribute to support for the Learning Collaborative which includes training and 6-month group case consultation. The purpose of the fee is to build a sustainable and expanded model that involves contribution from multiple sources, including provider organizations and the state.
 - 1.11.2 The CETA Trainer/Consultants will conduct the online training and consultation calls along with regional trainer/consultants.
 - 1.11.3 Potential candidates for WA CETA Trainer/Consultants will be identified and given co-training and consultation experience.
 - 1.11.4 The participation and certificate of completion requirements will be modeled on the CBT+ requirements and include: attendance at the 3-day online training, participation in the consultation calls, and delivery of CETA to the requisite number of cases with fidelity.
 - 1.11.5 Contractor will provide the quality assurance and maintain the infrastructure support including registration, obtaining CEUs, documenting and tracking payment for the Learning Collaborative, creating and revising curricula, creating training resources for participants, compiling training evaluations, tracking attendance and completion, issuing and maintaining the certificates, placing participants on the listserv, placing resources on the CETA Notebook, sending reminder notices for consultation calls, overseeing invoicing from trainer/consultants.
- 1.12 Clinical/Fidelity-based follow-up group Zoom consultation for core learning session trainees consisting of:

1.12.1 Nine (9) one-hour web-based (Zoom) group consultation sessions at a frequency of twice per month for the first 3 months and monthly for the remaining 3 months.

1.12.2 Use the EBP Toolkit to document fidelity for the training cases.

1.13 Update CETA materials to include a Manual, Trainer Guide, Power Point and provider and client materials.

1.14 Make CETA Toolkit attendance and fidelity monitoring improvements in Toolkit.

1.15 Develop and carry out a participant evaluation of the CETA training and an evaluation of the CETA consultation calls.

2 REPORTS

2.1 September 30, 2023- September 30, 2024

Report Title	Documented Information	Date(s) Due
Quarterly Report	<ul style="list-style-type: none"> • Training, consultation, and coaching activity • Numbers served • Faculty • Satisfaction and feedback surveys results and recommendations 	Submit quarterly on: <ul style="list-style-type: none"> • December 31, 2023 • March 31, 2024 • June 30, 2024 • September 29, 2024
WA CBT+ & CETA Consultant Guide	<ul style="list-style-type: none"> • Updated consultant guide submitted to the HCA Contract Manager. 	<ul style="list-style-type: none"> • September 29, 2024
Final Report	<ul style="list-style-type: none"> • Summarizing results from the trainings and from the consultation calls. Lessons learned and subjective feedback • Annual overview: <ul style="list-style-type: none"> ▪ Fidelity / quality management activities, lessons learned, subjective feedback; ▪ Fidelity / quality management activities, lessons learned, subjective feedback; ▪ Agency and Regional Authority involvement (current participation and total overall); and ▪ Recommendations for future fidelity / quality management practices. 	<ul style="list-style-type: none"> • October 31, 2024

3 DELIVERABLES TABLE

3.1 BT+ training and implementation activities including core-learning collaboratives, consultation, technical assistance/coaching, provider supports, fidelity training and coaching activities. Includes course materials, and supplies and communication services.

CETA Training and implementation activities including core-learning collaborative, consultation, technical assistance/coaching, provider supports, fidelity training and coaching activities. Includes course materials, facilities, catering and supplies and communication services.

3.2 September 30, 2023- September 30, 2024

Deliverable		Due Date	Per Quarter	Total Payment
3.2.1	Quarterly Reports	Quarterly	\$59,363.75	\$237,455.00
3.2.2	Toolkit Access *1 year for 320 people	Quarterly	\$4,000.00	\$16,000.00
3.2.3	UMU Subscription	12/31/23	Quarter 1 only	\$6,000.00
3.2.4	CBT+ Advanced Training honorarium	6/30/24	Quarter 3 only	\$3,000.00
3.2.5	Revised/Updated WA CBT+ Consultant Guide	10/31/2024	Quarter 4 only	\$250.00
3.2.6	Revised/Updated WA CETA Manual, Training Guide, and Power Point	10/31/2024	Quarter 4 only	\$250.00
3.2.7	Final Report (Annual overview, review of participant evaluations for both training and consultation and recommendations for fidelity training/maintenance)	9/30/24	Quarter 4 only	\$500.00
Total Contract Maximum:				\$263,455.00

Revenue for CBT+ and CETA registrations will cover trainer fees.